



THE TOWER

Volume 34 | NO 6 / 7 | JUNE / JULY 2023

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HOA AT-A-GLANCE

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Best decorated carts win a Prize!

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9:00am beginning at
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This is a HOA Sponsored Event

4th of July

Schedule of Events

Golf Cart Parade

9AM BEGINNING AT THE CLUBHOUSE
 CASH PRIZES: 1ST-\$50 2ND-\$40 3RD-\$30
 (ALL ENTRIES MUST BE UNDER THE PORTICO
 BY 8:30AM FOR JUDGING)

Poker Run

JOIN US FOR THE POKER RUN

Cornhole & Bingo

JOIN US FOR CORNHOLE & BINGO

Putt, Chip & Drive

JOIN US TO PUTT, CHIP, & DRIVE

Hula Hoop Contest

HOW LONG CAN YOU GO

Hotdogs & Ice Cream

IN THE BALLROOM



TOWER DEADLINE: The 10th of the month, for the following month's issue. All articles and flyers must be submitted in a Microsoft Word document format, or you may drop off at the HOA office in a TYPED or HAND PRINTED format only. Questions - please contact us via e-mail: dttowereedit@gmail.com or drop them at the office. Thank You





EDITOR'S NOTE

The Mental Health Awareness article that appeared in the May *Tower* was written by *Margaret Hill*, not Stuart Rosenthal as indicated.

Our sincerest apologies to Margaret.



MOWING SCHEDULE

Jun - 5 mows	Sep - 5 mows	Nov - 2 mows
Jul - 4 mows	Oct - 2 mows	Dec - 1 mow
Aug - 4 mows		



SUGGESTION BOX

In addition to the suggestion boxes in the Starlight Ballroom and the HOA Office, you can email your suggestions to us at DTHOASuggestionBox@gmail.com. Please include your NAME, STREET ADDRESS and PHONE NUMBER along with the issue you would like the HOA to address.

Briefly describe your issue/concern and any possible solutions. You will be notified when your suggestion is brought before the BOD, and what actions will be taken regarding it.

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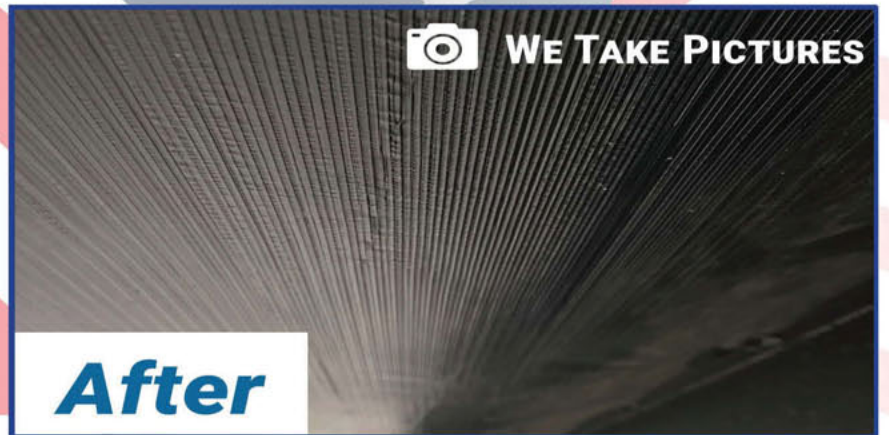


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PRESIDENT'S KORNER

By Art Keene, President - Board of Directors

My previous draft of this column was an impassioned last plea for a Tower Editor replacement. As of the deadline for this edition, Cindy Swisher had agreed to help us out and stay on for one last edition and for that we are so lucky and thankful. That said, we have some great news. We have gotten an 11th hour reprieve! One of our residents has stepped up and volunteered to fill the gigantic shoes left by Cindy's departure. More Details to follow next month. Instead, I want to take this space to reiterate some very important information regarding the upcoming summer months and how to avoid heat-related injuries. I know we all like to get out as much as possible and take advantage of our wonderful Florida weather but, unfortunately, the temperatures often preclude us from doing it safely. The following are the best and easiest ways to protect yourselves from the heat.

1. Stay in an air-conditioned place as much as possible. Even a few hours spent in air conditioning can help your body stay cooler if, and when, you go back into the heat. Use your stove and oven less to maintain a cooler temperature in your home; it's a great motivation to clean off your grill and do some cooking alfresco.

2. Schedule Outdoor Activities Carefully: Try to limit your outdoor activity to when it's coolest, like

morning and evening hours. Rest often in shady areas so that your body has a chance to recover.

3. Pace Yourself: Cut down on exercise during the heat. If exertion in the heat makes your heart pound and leaves you gasping for breath, STOP all activity. Get into a cool area or into the shade, and rest, especially if you become lightheaded, confused, weak, or faint.

4. Wear Sunscreen: Sunburn affects your body's ability to cool down and can make you dehydrated. If you must go outdoors, protect yourself from the sun by wearing a wide-brimmed hat, sunglasses, and by putting on sunscreen of SPF 15 or higher 30 minutes prior to going out. Continue to reapply it according to the package directions.

5. Drink Plenty of Fluids: Drink more fluids, regardless of how active you are. Don't wait until you're thirsty to drink. Stay away from very sugary or alcoholic drinks – these actually cause you to lose more body fluid. Also avoid very cold drinks, because they can cause stomach cramps.

6. Replace Salt and Minerals: Heavy sweating removes salt and

minerals from the body that need to be replaced. A sports drink can replace the salt and minerals you lose in sweat.

7. Learn the signs and symptoms of heat-related illnesses and how to treat them.

Have a great 4th of July Holiday and I will talk to you all in August. Also, Thank you again Cindy Swisher for all your hard work and dedication. You will surely be missed.

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GOOD TIMERS By Sandra Boykin

The Good Timers group had a wonderful fashion show in April hosted by Ditto’s Consignment Shop. The models wore beautiful clothes and were stunning in them. A box lunch was ordered from Jason’s Deli, which, as usual, was delicious. Our April luncheon was hosted by Harriet Hart at The Shell Factory. Twenty-one ladies attended; a good time was had by all.

Some of the group went on a tour of Fort Myers that Tru-Tours at the Franklin Shops downtown advertised. It was very interesting, and Seth, our guide, was very knowledgeable. We had lunch at Izzy’s, which was delicious.

At our May meeting we decided to slow down a bit for the summer months. We will

have short meetings monthly so we can stay in touch with each other and then a luncheon once a month. Our May luncheon will be at Micelli’s on Matlacha hosted by Ginnie Benjamins.

If you are interested in a Charleston/Savannah trip in November, please contact Dianne Bevilaqua. She has opened the trip up to anyone that would like to go.

We will be back to full-time operation in September. Hope to see all the snowbirds back and our full time residents, too! If you would like to join the club and enjoy our summer luncheons, please come, and join the club. Have a wonderful summer!

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AT-THE-HYDRANT *By Justine Fitzgibbons*

Most dogs love peanut butter and get it as a special treat!

Xylitol is a sweetener that is used in items being sold with less sugar. It is now in peanut butter with less sugar. Xylitol is very harmful to dogs. Contact your vet or ER if your dog has eaten anything with Xylitol in it. Symptoms

include vomiting, lowering of blood sugar resulting in weakness, decreased activity, staggering, collapse and seizures

How much is toxic? If a large dog eats a pack of sugarless gum, it is enough to be toxic.

Check labels (especially peanut butter) but anything sugarless.

Peanut Butter Alert for Your Pets

A new type of peanut butter (and other nut butters) is being sold with less sugar, but now includes Xylitol as a sweetener. that is what is used in sugarless gum and it can be deadly to dogs. Many people use peanut butter as a dog treat, or to fill a Kong, or disguise medications. If they now use the type with Xylitol, it could be very dangerous.

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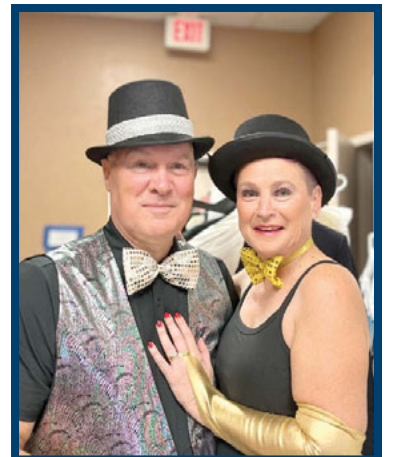
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REPERTORY PRODUCTION

Del Tura Repertory Production March 9, 10, 11, 2023

Thank you to everyone who worked so hard on this show. I had an amazing dream team by my side. Anyone who would like to audition for my next show, which will be a play, please contact me at 239-464-5544. ~ Jacqueline Keen



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REFLECTIONS

By Dianne J. Roderick

"Summer Memories Can Be Revisited"

Do you remember those days of summer when you had no worries? For the most part it seemed that you had no one to think about but yourself... a stressless time when most of your days were spent on what made you happy and complete. It's not that we didn't think of the future, we just didn't count on it happening so quickly. In those early summers of our lives most of us just lived in the moment. We spent our days tanning at the beach, focusing on the latest dance craze, or what record would be in the top ten that week. Such fun memories!!

And then life happened... we became adults, no longer those crazy kids of summer. Many of us met our significant others during those treasured days of summer. We married and took our place in society as responsible adults, no longer those carefree sun worshipers of yesterday. We rose to the challenges of parenthood even though some days were a bit overwhelming. Our children loved us on most days- but on some days not so much! Those childrearing years took on a whole new level of craziness! How many times did we,

as young parents, go back and think about those lazy, crazy days of our summer youth?

Now that we are in the senior summers of our lives we have the most opportune time to revisit those days. Our children are grown and many of our responsibilities are behind us. For the most part, we are free to reflect on those memories of our younger days. We have the time and less responsibility, so why not relive the summer of your younger days? Maybe the things that made us feel giddy, or energized aren't exactly the same, but the thought of doing something that allows us to feel what we felt back then certainly will!

Think about the things that make you laugh and feel young. Think about the people you were blessed to share those times with and if they are still here... reach out to them, or give them a call and reminisce. We have only one life and if you are fortunate to come full circle, do just that! "Live, Love, Laugh!" Don't deny happiness in your life... You deserve every bit of it!

Blessings for a Safe & Happy summer!
Dianne

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NINE HOLE WOMEN'S GOLF

By Nancy Ashe

We begin our new year with newly elected officers and volunteer chairpersons.

Sandy Gove has kept the Nine Hole Women's Golf informed in our monthly *Tower* for five years. Sandy, your exceptional work and dedication is greatly appreciated.

Thank You.

At the time of publication for the May Tower it was reported that \$18,000.00 had been raised for PINK organization. After publication, another \$1,200.00 was turned in for a grand total of \$19,200.00!!! That is the largest donation we have ever been able to raise for this important organization.

Many Del Tura friends and neighbors donated goods for raffles and gave many hours of their time working to make this event so successful. Thank you to all.

Summer months bring good times with our 18 Hole Ladies League. We look forward to joining both leagues on the 3rd Thursday in the months of June through September. 9 Holer's will plan June 15th and September 21st play dates. 18 Holer's will plan July 20th and August 17th play dates.

We look forward to laughter, comradery, and fun games of golf. Enjoy the Florida sunshine and stay well.



CRAFTIN' IN "THE HOOD"

Come join us on Tuesdays, after coffee until about 3:00, in the Starlight Ballroom.

We quilt, knit, crochet, spin wool, and do other various crafts. We all work on our own projects, but occasionally have a class to learn a technique.

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I hope to see you there!

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Librarian	Barb Jones	239-543-6922
Del Tura Repertory Company	Jacque Keen	239-464-5544
Entertainment Committee Chair	Dot Barilla Lynn Brenfleck	239-850-2306 603-738-1001
Fish Medical Equipment Loans		239-997-3474
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FISH - Friends in Service Here	Laura Dritt	630-759-1757
FMO Membership	Irma Backelant	303-501-0491
Front Gate Guard	Barbara Schmoltze	239-731-2523
HOA Website	Cindy Brinton	267-642-6477
HOA Membership	HOA Office	239-731-3461
HOA Office - Clubhouse Lobby	Tuesday after Coffee until 12pm Wednesday 8 am-12pm Thursday 4pm-6pm	239-731-3461
HOA GROUNDS Committee	Darlene Fincham	delturagrounds@yahoo.com
Homeowners' Issues/Grievances	Clubhouse Office	239-731-3433
Memorials	Kathy Williamson	239-825-5708
Name Tags	Wendy Wells	309-264-9147
Save Our Strays/ Feral Cat Information "SOS"	Sherry Plisch Karen Azza	239-707-5613 239-220-0563
Outdoor Electronic Billboard	Cindy Brinton	267-642-6477
Tower - Advertising - BrionPalmer@yahoo.com	Brion Palmer	941-312-0665
Tower - Editor	TBD	
Tower - Co-Editor	TBD	
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Tower - Distribution Coordinators	Frank Bellanca Dan Larson Sue Larson	847-833-3258 763-360-3192 763-360-3192
Veterans: Bricks 4 Vets	Jeff Meehan	651-398-6964
Welcome Committee	Sherry Cottini	239-770-7711
Lighting & Sound		
Lighting Coordinator	Art Keen	210-279-2093
Sound Coordinator	Art Keen	210-279-2093
Please send changes to Dennis Cottini 847-707-1435 or dcottini@comcast.net Secondary contact: Cindy Swisher - dttowereedit@gmail.com		
NON-EMERGENCY CALLS - SHERIFF'S DEPT. (239) 477-1000		

HOA OFFICE HOURS

MONDAY Closed
 TUESDAY After Coffee - noon
 WEDNESDAY :9:00am - noon
 THURSDAY 3:00pm - 5:00pm
 FRIDAY Closed
 SATURDAY & SUNDAY Closed

Should you need assistance contact Ruth Ann Blevins (239) 220-9381

HOA ADDRESS: Clubhouse Lobby
MAILING ADDRESS: 749 Via Del Sol

THE TOWER EDITORIAL STAFF

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---	--

HOA Liaison: **HOA President**
 Many thanks to all the volunteer residents who have
 donated their time to "The Tower".
 We are looking for more volunteers. Please Help!

*The Del Tura Phone Book is not compiled by "The Tower".
 It is produced by Hometown America. Please contact the
 HT office 731-3433 for errors and omissions.*

GENTLE REMINDER

Please be aware that when you hire an
 unlicensed/uninsured person to do work at your home,
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FISH

MEDICAL EQUIPMENT

Anyone needing to borrow equipment from
 the Medical Equipment Loan Trailer.
 Contact FISH at 239-997-3474.

NAME TAGS

Any resident wishing to purchase a "Name Tag" may
 do so on Tuesday mornings at coffee, before the start
 of announcements, or call Wendy @ 309-264-9147.
 A name tag with magnet backing is \$8.00, cash only.
 Tags are normally available for
 pickup the following week.

Tower - Advertising

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Contributing writers are acknowledged with bylines
 accompanying their submissions. Attribution for photos are not
 included unless supplied. We sincerely thank everyone for their
 contributions. Your articles help showcase the strong and diverse
 community that makes up Del Tura.

The Tower is published monthly from October through May.
 Summer issues are condensed: June/July and August/
 September. All ads are subject to the approval of the publisher. It
 is the responsibility of the party placing any ad for publication in
The Tower to meet all applicable legal requirements in connection
 with the ad such as compliance with town, county and state
 codes in first obtaining an occupational license for business,
 permitted home occupation, or residential rental property.

**DISCLAIMER: Please be aware that when you hire an un-
 licensed/uninsured person to do work at your home, you
 accept the liability. Island Visitor Publishing is not respon-
 sible for claims made by advertisers.**

SUBMISSION INFORMATION

News Items for "The Tower" - Please email article, flyer,
 and photos (if any) to: **dttowereedit@gmail.com**
THE HOA WEBSITE - www.deltura-hoa.com
 To have events listed on the HOA Website and/or the Electronic sign
 please email flyer, photos (if any) & text for electronic sign to:
Website Content: dttechsvcs@delturahoa.com
Electronic Board: dttechsvcs@delturahoa.com

HOA BOARD INFORMATION

<p>Art Keen, President (2024) 210-279-2093, arkeen3@gmail.com</p> <p>Dorothy Cook, Vice President - (2026) 614-499-1864, dcook2023@yahoo.com</p> <p>Darlene Fincham, Treasurer (2026) 609-617-6869, Darlene.Fincham@gmail.com</p> <p>Dave Tomaszewski, Secretary (2024) 586-567-9290, justforfun300803@yahoo.com</p>	<p>Nuno Hilton, Director (2026) 732-377-7061, nhiltonfashion@gmail.com</p> <p>Kathy Williamson, Director (2025) 239-825-5708, toocheep2call@aol.com</p> <p>Lisa Bellanca, Director - (2025) 847-833-3258, llbellanca@comcast.net</p> <p>Cindy Baron, Director (2025) 603-398-8001, cbaron50@yahoo.com</p> <p>Irma Backelant, Director (2024) 303-501-0491, irmabackelant@gmail.com</p>
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EX-GATE GABBER

By Michael Johnson

Well, I know I said we would be skiing in Vermont this issue but, I changed my mind. One skiing story is enough for now. This issue, please join me for a day in New York City... It was a sunny day in June, probably 1980 or so, and I was working for an insurance company. My territory was The Bronx or, if you're from New York, "Da Bronx."

My assignment this day was to interview a man who was making a claim for items stolen from his car while it was parked outside his apartment. I arrived at about 10:00 a.m. He greeted me at the door and invited me inside. His apartment was well appointed and looked comfortable. I noticed several trophies on a shelving unit in the living room. He guided me into the kitchen and we sat at a small red and white table. There were two chairs; I sat in one and he sat in the other. Immediately, he began talking about himself a bit. He told me that he played the guitar in the Tonight Show Orchestra and had done so for years. He also spoke at length about his success at handball and mentioned he played in tournaments all over the globe. I knew handball was popular in New York but was unaware of its popularity outside of NYC. He mentioned the trophies he had accumulated.

We then got around to discussing the circumstances of the theft of items from his car. He did state that some of his instruments were taken, guitars, specifically. He also stated that he was grateful his, "prize Guitar was not in the car at the time" and went on to outline in loving detail the workmanship which had gone into creating this musical "piece of art", the inlay work, the fretwork, the so on and so on. He brought the guitar out of the living room and placed it very carefully on the kitchen table. He pointed out all the specific work mentioned to me previously. It truly was a beautiful classic guitar.

He also mentioned he made his own wine. He made it in the bathtub. At this point he asked me if I'd like to try it. I begged off, claiming I was still working and had more places to be following our visit. He insisted. And, being a good guest, I told him I'd be happy to try some, "But, just a little." He went to the refrigerator, opened the freezer compartment, and took out two wine glasses. He then disappeared and reappeared with an unmarked bottle of red wine. He poured me about half a glass and himself a glass. I picked up my glass and was ready to put it to my lips when it, because of the melting frost on the glass, slipped from my grasp, bounced, without breaking, and landed upside down spilling the entire contents into the hole on the face of the guitar!! I immediately looked at his face. The blood drained from his face as rapidly as the wine in my glass emptied into his prized guitar. He jumped from the table, grabbed a fistful of paper towels, and turned the guitar upside-down in the sink.

I apologized over and over and over. He didn't appear to hear me. I let myself out, thinking it wouldn't be long before I had to come back to his home to speak with him about a claim he would no doubt make about his ruined guitar.

See you next month.

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 Thursdays, June 1st, 8th, 15th

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 Lynn Brenfleck 603-738-1001



OUTDOOR HOLIDAY DECORATING COMMITTEE

There's just no denying that the holidays are simply the best time of the year. Thanksgiving, Hanukkah, Christmas, Kwanzaa, and New Year's Eve help to bring a little bit of magic into a six-week stretch of time. The get-togethers, food, movies, music, exchanging gifts and decorating all add to spreading seasonal cheer and provide a cozy, communal vibe to our community.

One of my favorite things during the holiday season is driving into Del Tura and seeing that magic come alive. This year we want to go beyond the entrance, so the Outdoor Holiday Decorating Committee will also be decorating the Main Pool area, as well as the Courtyard to enhance the spirit of the holidays.



From the first strand of lights going up to the last strand coming down, we know the Del Tura volunteers will make the holiday season truly spectacular. That said,

we are hoping that you want to share the hope, joy, and love of the holiday season as a decorating volunteer. Many of you have helped with the holiday decorations in the past and we hope

that you'll want to continue to do so as we look forward to your ideas and your decorating expertise.

If you are interested in being part of this magnificent display, you can either sign up at Tuesday Coffee or send an email to Lisa Bellanca at lbellanca@comcast.net.



2023 DEL TURA HOLIDAY CRAFT FAIR

SAVE THE DATE

December 8th, 5PM - 7PM (open to Del Tura Shoppers only)
December 9th, 9AM - 2PM (open to the public)

This year's annual Del Tura Holiday Craft Fair is off to a great start and, the same as last year, we are planning on having over 60 local vendors with about a third of them being fellow Del Turians. All of them will have unique hand-made craft items such as ceramics, glass, jewelry, wood, pottery, wearable and decorative sewn, crocheted, and knitted items, holiday decorations, sports items and much, much more. With so many creative gift options, the Del Tura Craft Fair is a perfect opportunity to knock out some holiday shopping, while supporting local small business crafters. Come, bring a friend, enjoy getting together with neighbors, stroll through the vendors handmade crafts located throughout all of the ballrooms, and take some chances on the beautiful hand-made items at the Raffle Table.

The reason Del Tura Craft Fair is considered to be the best around is because of the wonderful volunteers. I can't say enough great things about Del Tura's volunteers and would love for you to join this fantastic team. We are already working on building our volunteer team and we need people like you for the following positions: Vendor Helpers, Vendor Aides, Raffle Table Helpers, Greeters, Parking Attendants, Golf Cart Shuttle Drivers, and kitchen help. That said, if you are interested in volunteering, or just have questions about volunteering, please send an email to delturacraftfair@yahoo.com or come to Tuesday Coffee and we will have a volunteer sign-up sheet there. Also, if you are a crafter, and would like to donate a new handmade item toward the Raffle Table, please send an email to the address above.



This form may be used for initial or renewed HOA Membership, Birthday/Anniversary info and/or Tower Delivery Info. You do not need to complete each section if not applicable to your needs.

Membership Application

\$12 US per household, per year. Make checks payable to Del Tura HOA

Names in Household: _____
Del Tura Address: _____ Renter: Owner:
Phones: _____

For the correct listing of your Birthday and/or Anniversary

Birthdays Name: _____
Month: _____ Day: _____
Name: _____
Month: _____ Day: _____

Anniversary Names: _____
Month: _____ Day: _____
Year You Were Married: _____

Official HOA Email

Pursuant to Florida Statute 617.0141 a signature must be obtained if you want official HOA email. You may opt out of HOA email at any time by contacting the HOA office or emailing DTTechSvcs@delturahoa.com.

My signature signifies that I am requesting the receipt of official HOA email: _____
My email (please print) is: _____

HOA-Tower Delivery Travel Plans (please do not deliver "The Tower")

If you plan to be away and do NOT wish to have "The Tower" delivered, please complete this section

Name: _____
Local Del Tura Address: _____
Stop Delivery On: _____ Start Delivery On: _____

If you don't know your return date, please email toweredit@yahoo.com when you have a date delivery should begin again. Also, if you wish to have your Tower mailed to your alternate address, please contact the same email address to set-up delivery (there is a charge for mailing the tower) or complete the form in the Tower or at the HOA office.

Please return this form to the HOA Office, 609 Sierra Madre



FMO Membership Application



Fill out the information below & return this portion along with your check to

FMO
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- SAVE A STAMP! You can join on the 21st Century FMO Website - www.fmo.org
- One Year FMO Membership for \$25 (US Funds)
- Three Year FMO Membership for \$65 - **Best Value** (US Funds)
- Cross Country Motor Club - Please ADD ADDITIONAL \$35.00 for 1 year (US Funds) (Your renewal for Cross Country will be sent to you separately)

Note: Fields with * are required PLEASE PRINT LEGIBLY

Only the two individuals listed below are eligible for membership

Date: _____
*Name: _____
Birth Date (optional): _____
Co-Member: _____
*Florida Address: _____
*City, Zip: _____
*Phone: (s) () _____
*Park Name: _____
*I am a: Lot Renter Owner Other

Non-Florida Address (if applicable)
Address: _____
City: _____
State & Zip: _____
Check off which months you DO NOT live in Florida
 Jan Feb Mar Apr
 May Jun Jul Aug
 Sep Oct Nov Dec

We are unable to mail the FMO News out of the U.S. It can be obtained via email or online at members@fmo.org or at www.fmo.org

*Email Address: _____
Secondary Email Address: _____

Deliver FMO News by: Email Mail Neither

*Number of registered Florida voters in household: _____

I am an American Veteran: YES NO

Recruiter Name: Alberta Duga
Membership # 316 244

To pay with credit card:
 MasterCard Visa Discover AMEX
Card # _____
Exp. Date: _____ CVV Code _____
Signature: _____

*****Keep this bottom portion as your receipt. Return the application portion to FMO*****

Please enclose a check payable to FMO. US Funds only. Do NOT send cash.

Cross Country Members: You will receive a separate membership card from Cross Country in 4 to 6 weeks. If you need roadside assistance before you receive your Cross Country Card, please call their toll free number 800.528.2056

Questions? Call Membership at 850-205-5642 or email members@fmo.org

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Check Payee: _____

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Stephanie Norris
 Del Tura Resident



CERT INFORMATION

Hurricane Season will have officially started by the time you receive the June/July publication of *The Tower*.

You need to be prepared and have a plan in place. Everyone needs to be ready and able to implement an action plan at a moment's notice. Please step up and help any friends or neighbors who may need assistance in putting together an evacuation plan.

Local Special Needs Shelter's require advance registration. If you or someone you know needs assistance in filling out the proper documents to apply, please contact CERT member Carol Umberger at 239-938-6799. Carol will provide the documents needed and will help to fill them out as well as submit them.

On May 3rd, CERT, along with resident Bill Nezamis and Christi Kulwicki from the North Fort Myers Fire Department gave an informational presentation on Hurricane Preparedness. If you were not able to attend the meeting, you can view the presentation on Facebook at Del Tura Official HOA Page. As of today, we have had over 150 views and hope that by June 1st everyone in the community will have taken the time to watch it. Over 50 residents attended. Thank you to everyone that came out that evening.

On May 5th, CERT hosted a Blood Drive. The details of the amount collected from that event have not been provided as of this writing. We would like to thank everyone who came out and gave blood. The next Blood Drive event will probably be hosted in November, dates to follow.

Currently the CERT wish list consists of one BIG item. We are hoping to commandeer a 25-30' enclosed trailer, preferably with air conditioning. We would use the trailer to store



all the CERT equipment needed in case of emergency. Currently we are working out of a very small closet off the Royal Palm ballroom, which is not always secured. The CERT team has set a long-term goal of obtaining a trailer for storing emergency equipment for use in the community. If anyone has leads on a trailer, please contact Bertie Dugo at the number below.

If you are interested in joining the Del Tura CERT team, the mandatory CERT Basic training classes are being held on October 10th, 12th, 17th, and 19th at the North Ft. Myers Park and Recreation Center. One final class will be held on October 20th at the N. Ft. Myers Fire Department. All classes run from 10am - 1pm and you must sign up in advance. Team members will also be required to take IS-317A and IS-100 classes online. We always welcome full as well as part-time Del Tura residents.

If you have any questions or would like to sign up to join the Del Tura CERT Team, please contact Bertie Dugo at 617-974-8502.

In closing, I will once again remind you how important having a plan in place prior to an emergency is. Don't be caught off guard.

~ Lisa Bellanca on behalf of the Del Tura CERT Team

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DAILY ACTIVITY SCHEDULE

The Daily Activity Schedule is updated on a monthly basis. Contact Dennis Cottini, dcottini@comcast.net, or Cindy Swisher, toweredit@yahoo.com, with any changes prior to the 10th of each month.

Activity	Location	Contact	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Exercise									
Tai Chi		Marjorie Lord 543-9072	8:00-9:00		8:00-9:00		8:00-9:00		
Tap Dancing	Starlight Ballroom	Deb Cali 239-567-2925				11:45-12:45			
Tura Zumba / Dance Fitness	Starlight Ballroom	Adele Guthreau 973-865-8336	9:00-10:00		9:00-10:00		9:00-10:00		
Water Arthritis (Nov-Apr)	Main Pool	Laura Strickland, Certified Water Arthritis Instructor, 614-805-2173		10:00-11:00		10:00-11:00		10:00-11:00	
Water Aerobics	North Pool	Betty Scheetz 609-477-9147	11:00-12:00		11:00-12:00		11:00-12:00		
Water Noodle Aerobics	North Pool	Marylou Buss 612-718-7878		11:00-12:00		11:00-12:00			7:00 PM
Water Walking	North Pool	Marylou Buss; 617-718-7878	8:00-11:00	8:00-11:00	8:00-11:00	8:00-11:00	8:00-11:00	8:00-11:00	8:00-11:00
Yoga Relaxation	Starlight Ballroom	Dea Wells 283-5603			10:30 - 11:30		10:30 - 11:30		
Sports									
Billiards, Men's	Billiards Room	Harry Christopher 997-7345	1:00-3:00						
Billiards, Women's (Nov-Apr)	Billiards Room	Ann DeGrande 989-2206			6:30-9:30				
Bocce (Nov-April)		Peggy Terrasi 603-236-2209 peggyterrasi@gmail.com	4:00 PM						
Bocce and Burgers (Sept-May)	Bocce Ball Court	Janet DeCosmo 239-776-9161							3:00
Bowling Mixed League (Nov-Mar)	Bowland Cape Coral	Barb Green 302-463-7577		1:20					
Golf, Men's 18 Hole League		Bill Gronck 810-990-5878			8:00				
Golf, Men's 9 Hole League		Bart De Graaf 239-599-4404			8:00				
Golf, Women's 18 Hole League		Margie Blackwell 239-789-8060				8:30			
Golf, Women's 9 Hole League		Kathy Klein 715-927-1163				8:30			
Horseshoes NEW	Horseshoe Court	Bob Brinker 586-431-0022							3:00
Pickleball	Pickleball Court	Janice Dodge 608-225-5227	open play	open play	open play	open play	open play	open play	open play
Ping Pong	Jacaranda Room	Lois McDonald 505-228-1222				2:00 - 4:00			
Shuffleboard	Shuffleboard Court	Glenn Tointon 920-309-1294					12:30		
Shuffleboard, Fun Couples	Shuffleboard Court	Darlene Brinker 586-431-0022	7:00 PM						
Shuffleboard, Open (Oct-Mar)	Shuffleboard Court	Judy Lessard 239-217-0924		2:30					
Shuffleboard, Open (Apr-Sep)	Shuffleboard Court	Judy Lessard 239-217-0924		10:00			10:00		
Shuffleboard, Traveling Team (Dec-Mar)		Glenn Tointon 920-309-1294			12:30				
Softball	Punta Gorda	Jim Hamilton 208-313-1321	5:30		5:30				
Tennis, Mixed, Open		Alice Harmon 954 478 4033 allieoop33@gmail.com	8:00-10:00		8:00-10:00		8:00-10:00	8:00-10:00	
Games									
Bingo, doors open at 6:00pm, sales end at 6:45pm (Oct-Mar)	Starlight Ballroom	Jack & Janet Blevons 731-0892				7:00-9:30			
Bingo (all year)	Starlight Ballroom	Liz Poniatowski 800-2935	11:00-12:00						
Bridge, Duplicate	Jacaranda Room	Don Mick 239-543-3203				7:00-10:00			
Bunco, (*All year, 1st & 3rd Wed of each month)	Poinciana Ballroom	Patty Large 559-285-2389			6:00-8:30				
Canasta	Jacaranda Room	Jean Cornwell 239-731-1580		1:00-4:00					
Dominoes	Royal Palm Room	Ruth Anten 997-9779			5:30-9:30				
Euchre	Poinciana Room	Marcella Carothers 731-3315		7:00-9:00					
Farkle	Poinciana Ballroom	Ruth Anten 997-9779	6:00-9:00						
Hand, Knee & Foot Card Game	Poinciana Room	Donna Moore 543-5262	1:00-4:00			1:00-4:00	1:00-4:00		
Mahjong	Jacaranda Room	Jean Cornwell 239-731-1580	1:00-4:00						
Mahjong	Card Room II	Pat Steele 863-446-2685				6:00			
Mahjong	Card Room I	Dianne Bevilacqua 567-2234		1:00-5:00					
Mahjong	Card Room II	Ruth Anten 997-9779		6:00					
May I Card Game	Royal Palm Room	Jane Sheaffer 330-201-6128			1:00-4:00				
Mexican Train	Jacaranda Room	Barbara Turner 301-367-0917					1:00-4:00		
Pinochle	Jacaranda Room	Marcella Carothers 731-3315			6:45-10:00				
Rummi-kub	Jacaranda Rroom	Jean Cornwell 239-731-1580			1:00 - 4:00				
Texas Hold 'Em	Card room 1	Mark Clover 239-980-3964	3:00		3:00		3:00		
Other Activities and Clubs									
Blood Pressure Readings (before coffee)	Starlight Ballroom	Marcella Carothers 731-3315		8:00-9:00					
Card Making (Oct-April)	Royal Palm Room	Mary Kay Tointon 920-309-2121 Gay Dye 614-519-8045			9:00-12:00				
Ceramics	Across from bocce court	Ruth Ann Blevins 239-220-9381	9:00-12:00		9:00-12:00		9:00-12:00		
Choralaires, (Sep-Mar)	Starlight Ballroom	Janelle Shallenberger, 765-437-2130		6:30					
Coffee & Social Hour	Starlight Ballroom	Kathy Williamson 239-825-5708		8:00					
Creative Writers Group	Banyan Tree	Nancy Davy 239-599-4631			4:00 PM				
Garden Club, (*1st Friday of month)	Jacaranda Room	Rosemary Eiden 813-220-9269					10:00-11:00		
Good Timers, (*1st Tuesday of month)	Starlight Ballroom	Sandra Boykin 410-491-8824		4:00*					
Library, open every day	Clubhouse, Lower Level	Barb Jones 239-543-6922 Kathleen Quigley 239-543-1067							
Quilting/Sewing Club	Starlight Ballroom	Wendy Wells 309-264-9147		After Coffee until 3:00					
Video Corner (check hours in the Library)	Clubhouse, Lower Level	Elaine Schnur 239-464-0623						1:00-3:00	
Wood Carving (Nov-May)	Ceramic Room	Bernie Forsey 239-217-6024	9:00-12:00						

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TOWER DELIVERY INFORMATION

When can I expect to receive my monthly TOWER NEWSPAPER?

The Tower is scheduled to be delivered to the HOA office on the last Friday of each month. The papers are then divided into routes for the

distribution volunteers who strive to deliver your paper to you by the following Monday evening. If you do not receive your paper by that time, please contact the distribution team. Note: Only HOA members receive the Tower.

HOA Tower Delivery Mailing Information

If you would like to have your Tower mailed to another address while you are away from Del Tura please complete this form and mail it or turn it in to the HOA office at 609 Sierra Madre with payment in full for the number of issues you want mailed.

The cost of mailing the Tower is **USA \$2.55/Canada \$3.50 per issue**. June/July and August/September are each one issue.

Name: _____ Phone # _____

Del Tura Street Address: _____

Address to mail Tower to: _____

Months you want the Tower mailed: _____

Amount enclosed: _____ (make checks out to Del Tura HOA)



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We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

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AROUND THE GROUNDS

By Darlene Fincham

The Del Tura Grounds Committee consists of volunteers that provide regular general surveillance of common areas in Del Tura.

If you are interested in making a difference by overseeing an area of your interest, to identify repairs needed, as well as repairs completed, please contact delturagrounds@yahoo.com.

Please remember that in order to keep our grounds in a condition that we are proud of, it is respectful to clean your tables, put your trash in the receptacles provided, and if you move tables and/or chairs, please put them back where you found them.

When you leave a table, please close the umbrella so it doesn't get damaged if a storm kicks up.

Also remember that the Pub staff does not service the courtyard or the pool, so it is your responsibility to bring condiments, food baskets and silverware back into the Pub, as well as throw out all of your trash when leaving the table.

It is appreciated that you pass that information on to your company as well.

Finally, remember that only Hometown America (Del Tura) personnel are authorized to move umbrellas or furniture from its original location.

If you spot something in a common area that needs repair please send an email, including pictures and exact location (very important), to delturagrounds@yahoo.com and a work order will be requested through the Administration Office.

For larger items, which are capital expenditures, our HOA leadership continues to work with Hometown America on a monthly basis. Residential property issues are outside the Grounds Committee and HOA jurisdiction, so please work directly with Del Tura's Administrative team.



DEL TURA WAVE PART II

By Stew Williams

Thank you for all your many comments on my Del Tura Wave article which were 100% positive.

There were some questions which I will attempt to answer.

1. Do golfers do the Del Tura wave?

As most everyone knows, men can only do one thing at a time, while women have the amazing ability to do two, three, even four things at the same time. (My wife, Esther, has explained this to me many, many times). Expecting a male golfer to think about his next golf shot and wave at the same time is way too much to hope for.

2. Is the Del Tura Wave appropriate while passing a golf cart, bicycle or person walking while going in the same direction?

Yes, the Wave is always good and will be appreciated, even if you cannot see a response, if any.

3. In addition to people on bicycles and motorcycles, is there anyone else who is "exempt" from waving?

Yes, dog walkers, especially if holding dogs in both hands.

4. Should I feel guilty for not waving?

Absolutely not. It's a fun thing! Let it go.

I hope this clarifies a few questions and remember the Del Tura Wave is a good thing.

If you have any other comments or questions you can reach me by email at stew@fwefh.com.



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PICKLEBALL

By Jamie Wyman

Hello, this is my last article that I write to you from Florida. Now it's my turn to head North for the summer. I hope those that have just started playing this winter continue throughout the summer. It's just like any other thing you do, "the more you play, the better you will get."

Thanks to Ken and Janice Dodge for teaching and working with the "beginners". Remember, we were ALL there at one time.

Pickleball is a game of muscle memory, like many sports. One thing we can all do (even those of us who have been playing for awhile) is pick one thing to work on everytime you play. If you go out there and try to work on multiple things at once, you are going to get very frustrated. For

example, one day work on your drop shots. The next time, work on a high deep return of serve. Remember, you have many tools and strategies, it's good to practice each of them. There are several things you can practice even if there are only two of you. Serves, drop shots, soft and fast net shots. You can also play "skinny" singles which I will explain another time.

Anyhow, the last "words of wisdom" I'm going to leave you with this month are; #1 - you have way more time to hit the ball than you think and #2 - don't get mad if you miss hit the ball or make a mistake if you are in the right position. We are human, mistakes happen!

Have a great summer. See ya in the fall!



SHUFFLEBOARD LEAGUE

By Glenn Tointon

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DEL TURA GARDEN CLUB *By Sandy Gove*

Garden Club members can justifiably take a bit of a break and let Mother Nature help with watering knowing the gardens are well and thriving. Shown below are some of those who helped 'tidy' the gorgeous Banyan Tree area, eliminating weeds and overgrowth, replacing that with various ferns and bromeliads donated by club members.

The Demonstration Garden celebrated its 2nd year since dedication, and what a transformation it has been! In addition to the new Christmas palms, plantings reach out from below the Live Oaks with ferns and other shade loving plants. New too are native Florida orchids added in support of the Fairchild Botanical Gardens *Million Orchid Project* to reintroduce native Florida orchids lost to development: we are pleased to be part of that effort. Two other Phalaenopsis orchids such as White Swan hang from the Oaks, and additional orchids will be added from time to time providing yet another dimension to the gardens. Plantings providing continuous color are slated for the next phase.

There is something quite special about a garden club: members of our group come from very different areas, with totally different growing requirements and weather! We are constantly learning, supporting each other's efforts, celebrating progress, and enjoy being a part of projects that enhance our community.

We also have fun! Pictured right is our recent Outing group visiting Sundance Orchids & Bromeliads, learning from their pros and possibly shopping?? All that effort required stopping for lunch after at Bahama Breeze.

Garden Club will begin meeting again in September. New classes are already planned along with special events for the coming season - so watch for details! There is a camaraderie in a garden club that is difficult to explain, whether it's digging a hole, planting a tender shrub or a delicate orchid or Part of the bind is the variety of garden projects we take on.

Though garden activities may have slowed a bit, the club continues its planning of new classes for the coming year, new locations for our monthly outing as well as special events.



Right Photo: Back Row: Ruth Ann Lugten, Janice Dodge, Sue Smith, Cheri Vogel. Front Row: Sandy Gove, Sue Larsen, Andre Deering, Rosemary Eiden.



Note: A belated thank you to each of the Greeters not yet recognized for their help with the Garden Stroll: Mary Ann Light, Lynne Miller and Joanne Nitka-your energy and efforts are appreciated.

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DEL TURA **ALZHEIMER'S AWARENESS** *By Margie Hill*

Alzheimer's and Brain Awareness Month is observed in June as an opportunity to increase awareness about and discuss Alzheimer's disease and other dementias. The Alzheimer's Association encourages everyone to support this awareness by wearing purple throughout the month of June.

Presently, there are more than 6 million Americans, 65 and older, who have been diagnosed with the disease. Age is the greatest risk factor for Alzheimer's disease, but not the only one. Because it is inevitable that brain changes will occur as we age, current research suggests that a healthy lifestyle impacts healthier aging of the brain. It is recommended that we incorporate the following into our daily lives.

Exercise regularly – Regular cardiovascular exercise helps increase blood flow to the body and brain, and there is strong evidence that regular physical activity is linked to better memory and thinking.

Maintain a heart-healthy diet – Stick to a meal schedule full of fruits and vegetables to ensure a well-balanced diet. Some evidence suggests a healthful diet is linked to cognitive performance. The Mediterranean and DASH diets, which emphasize whole grains, green leafy vegetables, fish, and berries, are linked to better cognitive functioning, and help reduce risk of heart disease as well.

Get proper sleep – Maintaining a regular, uninterrupted sleep pattern benefits physical and psychological health, and helps clear waste from the brain. Adults should get at least seven hours of sleep each night and try to keep a routine bedtime.

Stay socially and mentally active – Meaningful social engagement may support cognitive health, so stay connected with friends and family. Engage your mind by doing activities that stump you, like completing a jigsaw puzzle or playing strategy games. Or challenge yourself further by learning a new language or musical instrument.

Keep your heart healthy – Recent study shows strong evidence that a healthier heart is connected to a healthier brain. The study shows that aggressively treating high blood pressure in older adults can help reduce the development of mild cognitive impairment (MCI).

These are great steps to take at any age. Research suggests that incorporating these behaviors in combination will have the greatest benefit, but even if you begin with one or two, you are moving in the right direction.

For more information, visit www.alz.org or call the 24/7 Helpline at 800.272.3900.

Information obtained from Alzheimer's Association Webpage.

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TUESDAY NIGHT EUCHRE By Marcella Carothers

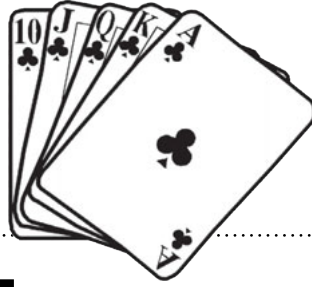
4/11/2023
First: Dick Slosarski
Second: Scott McCarvell
Third: Jean Wiley
Fourth: Greg Roberts

4/25/2023
First: Dave Ehrenman
Tony Winn
Second: Greg Roberts
Bruce Mars

5/09/2023
First: Kathy Boesel
Second: Dick Slosarski
Third: Bruce Blackmore
Fourth: Chuck Palmer

4/18/2023
First: Don Williamson
Second: Greg Roberts
Doug
Third: John Thayer

5/02/2023
First: Joanie Kachel
Second: Gary Zydron
Don Williamson
Third: Marcella Carothers



WED NIGHT PINOCHLE By Marcella Carothers

4/12/2023
First: Sonny Jelonek
Second: Rocco Guerreri
Third: Diane Nicolosi

4/26/2023
First: Rocco Guerreri
Second: Kathy Boesel
Third: Sandy Steigle

4/19/2023
First: Rocco Guerreri
Second: Sonny Jelonek
Third: Hennie Oostema

5/03/2023
First: Chuck Palmer
Second: Rocco Guerreri
Third: Hennie Oostema



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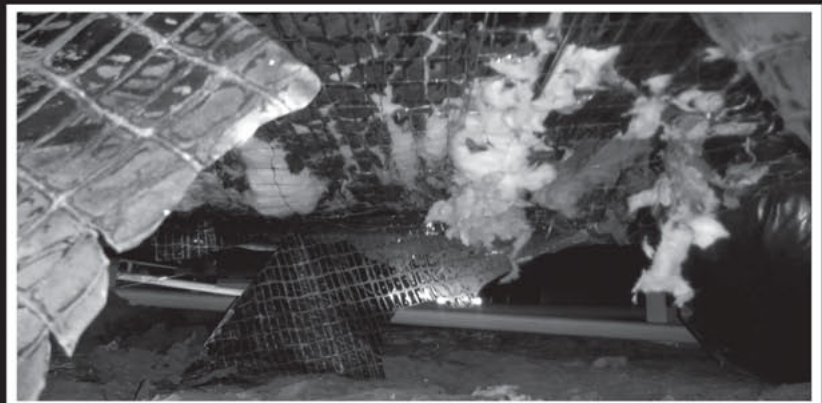
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WRITER'S WORKSHOP By Nancy Davy

The Creative Writers Workshop is on our summer hiatus to allow our members to enjoy their summer travel plans. We'll re-convene in the fall, and hope that you'll consider joining us! *Just a reminder that if you'd like to be a new member, please text me (607-769-5766) OR email me to let me know you are interested. My email address is ndavy01@gmail.com. You'll need to provide me with your name, your email address, and your cell phone number. I'd be happy to bring you on board before our next season starts.

I'm attaching our next challenge, the limerick. A Limerick is a (usually humorous) five-line poem. It has a rhyming pattern of AABBA. The third and fourth lines are shorter than the first, second and fifth lines. The set of longer lines rhyme with each other, and the two short lines also rhyme with each other. Lines 1,2 and 5 consist of 7 to 10 syllables. Lines 3 & 4 consist of 5 to 7 syllables. Often, the first line introduces the character, with words such as "There was", or "There once was" and the rest of the verse tells their story.

Here are a couple of examples:

By Dixon Lanier Merritt, 1910

A wonderful bird is the pelican.
His bill can hold more than his beli-can
He can take in his beak
Food enough for a week
But I'm damned if I see how the heli-can!

By Arthur Henry Reginald Buller in Punch, 1923

There was a young lady named Bright,
Whose speed was far faster than light;
She started one day
In a relative way,
And returned on the previous night.

And here are a couple examples that do NOT begin with a character introduction:

By Nancy Davy

I'm pulling these words from thin air I find
myself tapping my feet
A limerick this time to share
While I try to make words form a beat
I hope the effect Count the syllables, now
Won't make you suspect
Then get ready to bow
That this challenge just gave me a scare!
The result promises to be sweet!!

If you are the type of writer who likes to count out a beat when you're writing a limerick, you'll note that all of the above examples have a 3, 3, 2, 2, 3 beat if you tap the lines out on the table. But they can also be a little longer, as in the example below. This one has a 5, 5, 3, 3, 5 beat. Either way is fine as long as the number of beats in the first, second and fifth line match, and the second and third line match.

By Nancy Davy

I have heard that Heaven's filled with
chocolate!!!
But no worries about staying fit
Because past the Pearly Gate,
You won't gain any weight!
That's afterlife with DOUBLE benefits!

This challenge is to try doing two of your own. I hope you enjoy the following responses:

Writing a Limerick By Charlotte Ping
Limerick 1

I once knew a man named Buck.
He was always down on his luck.

He slept outside;
His bed not wide.
His home was his pickup truck.

Limerick 2:

In the office where I work,
many projects go berserk.
because of Shirley -
she's quite squirrely
Confront her; she will simply smirk!

Limericks

By Dianne J. Roderick




Limerick #1

There once was a cowboy named Vance
Came to town with his dancing horse,
Prance
But Prance found a Honey
Instead of making money,
Vance ended up losing his pants!





Limerick #2

It's Friday the thirteenth, they say
Should I rise up and meet the new day?
I feel a bit ill...
Maybe I'll just keep still
Safe at home is where I'm going to stay!

JUNE 2023

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				Goldtones Tickets 6-7 pm Clubhouse Lobby ¹	National Donut Day ² 	³
⁴	⁵	Goldtones Tickets 8:00, Pancake Breakfast Tickets 8:00 @ Coffee D-Day ⁶	⁷	Goldtones Tickets 6-7 pm Clubhouse Lobby ⁸	⁹	Pancake Breakfast 8-11 ¹⁰
¹¹	¹²	Goldtones Tickets 8:00 @ Coffee ¹³	HOA Meeting 7:00 pm Starlight Ballroom Flag Day ¹⁴	Goldtones Tickets 6-7 pm Clubhouse Lobby ¹⁵	¹⁶	Goldtones & Ice Cream Social ¹⁷
Father's Day ¹⁸ 	¹⁹	²⁰	Summer Solstice ²¹ 	²²	²³	²⁴
²⁵	²⁶	²⁷	²⁸	²⁹	³⁰	

JULY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						International Joke Day ¹ 
²	³	Happy 4th of July ⁴ 	⁵	⁶	⁷	⁸
⁹	¹⁰	¹¹	HOA Meeting 7:00 Starlight Ballroom ¹²	National French Fries Day ¹³	National Mac and Cheese Day ¹⁴ 	¹⁵
Ice Cream Day ¹⁶ 	¹⁷	¹⁸	¹⁹	²⁰	²¹	²²
²³	²⁴	²⁵	²⁶	²⁷	²⁸	²⁹
³⁰	Mutt's Day ³¹ 